



LET'S GO WC<sup>SO</sup>!! YOU ROCK!!

MAY 2023

VARIOUS NEWS/INFORMATION

## FLOWERS

Friday, May 3<sup>rd</sup> *all hands-on deck* at Twin Lakes High School to unload the flowers. Please be there around 4:30 pm. Saturday, May 4<sup>th</sup> we need help loading flowers into cars. Please be there at 7:30 am as we start loading from 8 until noon. Wear your White County SO gear and remember to tell everyone thank you for supporting us.

This is our biggest fundraiser of the year. It takes all our volunteers and athletes to do this fundraiser. The more people we have the easier this project is.

## CONGRATULATIONS GRADS!!

We want to congratulate Dakota D from graduating Twin Lakes and Eli M from graduating Tri-County this year!! Fantastic job guys!!

## TRACK AND FIELD

We will have practice on Sunday May 5<sup>th</sup> at 1:30 pm at Frontier High School in Chalmers.

May 12<sup>th</sup> is Mother's Day so practice with mom and spend time with her.

May 18<sup>th</sup> (Sat) we have a tournament at North Montgomery High School in Crawfordsville. We do not have times yet but will let you know as soon as we do. Remember to go to Terre Haute you must compete at Crawfordsville unless you are a Twin Lakes Unified Track partner. It is recommended to bring a sack lunch and water for North Montgomery. We will not have practice on 5/19 since we have North Montgomery.

May 26<sup>th</sup> – Enjoy Memorial Day weekend.

June 2<sup>nd</sup> – we will practice at 1:30 pm at Frontier High School in Chalmers.

June 7<sup>th</sup> – 9<sup>th</sup> is state competition at Terre Haute.

## **BOWLING**

Coach Vonda will give you all the details you need to know about practice and Terre Haute.

## **CYCLING**

The coach will give you all the details you need to know about practice and Terre Haute.

## **TRANSPORTATION**

The CMT board has decided since we do not have enough volunteer staff and the availability of a bus, going forward all athletes are required to provide their own transportation and a parent/guarantor/or family member with them at tournaments. If you have any questions, please contact Kevin.

## **Terre Haute - A Journey to Your Heart**

I wanted to start sharing some information about Terre Haute for those who have never been or to refresh the veterans. I strongly encourage everyone to attend the Spring Games at least once in their SO career. It is a really neat weekend to be a part of.

Hopefully by now you have reserved your hotel. I know several hotels are already full.

Terre Haute Summer games is one of our biggest tournaments. As we get closer to the date, we will be updating the information so please keep an eye on your emails and the WCSO Facebook page.

Whether you are new or a pro to Terre Haute please remember to look through the following important information.

For those who are new, Terre Haute is a hurry up and wait tournament. So please remember patience, water, blankets to sit on (track/field); umbrellas for the sun; food and snacks for in between games and competitions. If you have questions, please ask one of the many families who have been. It is a great weekend that our athletes love!!

## DONATIONS

If you would like to make a monetary donation for water; snacks; and Gatorade, please see Connie Jordan. These are used to give to the athletes while they are in Terre Haute.

## ATHLETES

Athletes you **MUST** always be with a parent or adult chaperone!!! You **cannot** walk around on your own. If an athlete is seen by themselves, they will be given one warning. If this happens again, they will be asked to leave the tournament and sent home. This is for the safety of our athletes. Parents and chaperones please remind your athlete to always be with someone. This is a huge campus and over 3000 people are in attendance.

## MEDICINE

For those athletes staying in the dorms, if you have medicine that you need to take in Terre Haute this needs to be given to Connie Jordan in **a prepacked envelope with your name; the name and dose of the medication; dates and times you are to be given the medication and the reason for the medication.** She needs a separate envelope for each dose. She will get those from you once you arrive in Terre Haute.

\*\*Each athlete must **have a sufficient supply** of all prescription medications to last each athlete's entire stay.

## MEETING

Keep an eye on the Facebook page and we will also send out an email as to what time to meet Kevin and Emily on Friday to pick up your shirts, lanyards that the athletes must wear while on campus and other information.

## TRACK/FIELD

We will have a camp site again. Look for our WCSO tent. You will have your uniform to compete in. Also, you will receive a bib with a number on it. **Keep this with you at all times.** You cannot compete without that bib. Make sure to have a **water bottle and sunscreen** as it does get hot on the track. You also need your running shoes to compete in. Athletes need to be at the tent 45 minutes before their scheduled heat.

## **BOWLING**

Vonda will be giving you information about uniforms and what you need to know.

## **LANDYARDS AND ID**

Your athlete will receive a lanyard that has their id information and competition times.

**They must wear this lanyard at all times,** or they cannot compete or get into events.

The only time they won't have their lanyard on is when they are competing as they will have their bib number on then. If you are a volunteer/coach, you will also receive a lanyard that will need to be worn at all times also.

## **UNIFORMS AND WHAT TO WEAR**

### **The following apparel will DISQUALIFY an athlete from event competition:**

\*Jeans or jean shorts, shorts with pockets, casual dress wear, dress slacks, button down shirts, golf shirts, shirts with collars, ads for alcohol, tobacco, sports or colleges, hats or bandanas, hard soled shoes, sandals or hiking boots. Our county asks that you please not wear jewelry during your events.

### **You MAY wear the following during your events:**

The T-shirt or uniform provided by WCSO for you to compete in; sweatbands; running or basketball shorts (no pockets), sweatpants or joggings pants (no pockets); tennis or basketball shoes; and running shoes.

## **PARENTS AND FAMILIES**

Remember you are representing WCSO. Please adhere to the dress policies stated above. No cut off shorts; shorts should be no shorter than 1-3" above our knee or mid-length; shirts should cover shoulders and no stomach showing. No smoking is allowed in the competition venues. No alcohol or drugs is to be used. Refrain from inappropriate contact/bad language or unsportsman like behavior while supporting all the athletes performing this weekend. Remember to support all athletes, coaches and volunteers. If there is a problem, please see your coach or Kevin/Emily. We want to make sure that White County is remembered as being a great county with great supporters!!

## HOUSING

### **FOR THOSE STAYING IN THE DORMS:**

Parents and caregivers please read this thoroughly and discuss with your athletes before attending summer games as we are short on chaperones this year and need your help.

Please remember that if you are not acting as a chaperone to an athlete, you MAY NOT visit in the dorms. You will need to make arrangements to meet your athlete in the dorm lobby. We encourage parents/caregivers to help your athlete to attend meals, competitions, and the ceremonies that go on this weekend.

**YOU NEED TO BRING: a blanket or sleeping bag; 1 or 2 bath towels and washcloths; personal hygiene supplies (toothbrush, toothpaste, comb, brush, soap, deodorant; shampoo, conditioner); hand soap and a towel to dry your hands; a shower mat; change of clothes; pajamas; good walking shoes and competition shoes. ALL dorms are air conditioned, but you are welcome to bring a small fan with you.**

### **MEALS FOR THOSE STAYING IN THE DORMS**

**Athletes staying in the dorms WILL have meals provided for them and you are expected to eat the provided meals because we have to pay for these meals.** They will eat a very nice breakfast, lunch and dinner. Athletes will attend meals with a parent or chaperone. They **cannot** go eat by themselves. This year we have limited chaperones so going to the food court or somewhere else to eat will not be available.

### **MONEY**

Since meals will be provided by WCSO for those staying in the dorms, athletes will only need to bring money for souvenirs and for pop and/or snack machines in the dorms.

### **FOR THOSE STAYING IN HOTELS:**

Please make sure Kevin knows what hotel you are staying at and your cellphone number for communication throughout the weekend.

## WHAT TO PACK

### **Please pack lightly, but thoroughly!!**

\*Pack and wear those WCSO t-shirts to support our athletes and let others know who you represent. You will receive a new shirt for Friday night's Opening Ceremonies that will be yours to keep.

\*Casual or dressy outfit for DANCE on Saturday night, which is outdoors.

**\*Shirts will need to cover shoulders and stomachs. No A-shirts or muscle shirts for the males.**

**\*Shorts need to be mid-length, 1-3" above knees. Nothing shorter.**

\*Extra socks and underwear

\*Comfortable Tennis Shoes – you will be doing A LOT of walking

\*Sunscreen

\*Water bottles

\*Chairs or blankets to sit on during events.

\*Water cooler – water/Gatorade

\* Snacks for in between competitions

\*Umbrella – it can get pretty hot this weekend

\*I have seen collapsible wagons to carry things in - it is a walk from your car to many destinations

Athletes may bring additional items such as fans, music, books, games, iPods, laptops, snacks and drinks. \*\*\*WHITE COUNTY is not responsible for lost or damaged equipment. \*\*

## CONTACT INFORMATION

Please make sure your coach and Kevin/Emily have your contact information just in case they need to get ahold of you.

## **OPENING CEREMONIES FRIDAY NIGHT**

Opening ceremonies will take place Friday night at ISU Hulman Center. WCSO will provide shirts designed by WCSO athletes for this event.

If you have not been to this before look for the White County sign and your shirts. This is a fun time. If your athlete does not like loud noises, you might bring headphones for them to be safe. There is a parade of athletes and then entertainment that varies from year to year.

## **SATURDAY NIGHT FUN**

Victory Dance/Movie night: Saturday night from is the Victory Dance in Olympic Town. Not in the mood to dance there is a movie. There will be a pizza party at the dorms provided by WCSO after the dance party. Kevin and Emily will provide more information on Saturday.

## **WEATHER**

The weather in Terre Haute is notorious from one extreme to the next so please pack for cold/hot and wet!! Most of the time, it is very hot and sunny. Sweat and sunburns are the common words for this weekend

## **TEXT ALERTS**

Text alerts are a great way to stay tuned for weather and anything else going on at TH. When the information comes out we will get that to you.

## **OLYMPIC TOWN**

There is something always fun to do is to check out Olympic Town. In Olympics Town you can play BINGO (free); Dance (free); and there is a Souvenir Kiosk (money for this).

## **HEALTHY ATHLETES**

More information will be coming on this.

## **PICTURES**

Please post pictures of your athletes/teams during summer games to our Facebook page. We want to see that hard work; determination; smiles and medals!!

Again, remember to keep an eye on our Facebook page and your emails as we will continue to send out updated information on summer games!

Our County Management Team members are:

Vonda Lind

Connie Jordan

Dena Fields

Wes Hartwell

Darla Marx, athlete representative

Kim Garbison, treasurer

Coordinators: Kevin and Emily Anderson, 765-460-2555 or [whitecountys091@gmail.com](mailto:whitecountys091@gmail.com)